



VETERANS TIME TRIALS ASSOCIATION (KENT GROUP)

Present the Mick Dansie Memorial 10 Mile Time Trial
Course Q10/24 (Grain-Fenn Corner-Grain)
(Promoted for and on behalf of Cycling Time Trials under their rules and regulations)

Saturday 25th March 2023 at 15.00 (3pm)

Start Sheet

Timekeepers: (Start) Phil Booth – Medway Velo Club
(Finish) David Mackey – Medway Velo Club

Awards – Veteran Riders

1 st on Age Adjusted Time	£30
2 nd on Age Adjusted Time	£20
3 rd on Age Adjusted Time	£15
4 th on Age Adjusted Time	£10
5 th on Age Adjusted Time	£5

Fastest Male Vet on actual time	£30
2 nd Fastest Male Vet on actual time	£20
Fastest Female Vet on actual time	£30
2 nd Fastest Female Vet on actual time	£20

1st Club Team of Two on Age Adjusted Time £15 each.

Awards – Non-Veteran Riders

Fastest Non-Vet on actual time	£30
Second Fastest Non-Vet on actual time	£20
Third Fastest Non-vet on actual time	£15

Please note that only VTTA members are eligible for the veterans' awards listed above (including those on actual time). If you are over 40 and not yet a VTTA member, you can become eligible for these vets' awards by joining the VTTA online before the date of the event at: vttta.org.uk and bringing proof of membership with you on the day.

COMPETITORS NOTES

1. Please note that following an amendment to Regulation 14 at the CTT National Council AGM in December 2021 **it is now compulsory for each rider to have a working white front and red rear light, steady or flashing, on their machine when they start in all CTT events.**
2. Following an amendment to Regulation 15 at the CTT National Council AGM in December 2021 **it is now compulsory for ALL riders to wear recognised standard protective headgear that meets an internationally accepted safety standard.**
3. **Failure to have a working front & rear light and to be wearing recognised standard protective headgear on the start line will result in you not being allowed to start the event.**
4. Parking is **not permitted at the start or at the finish.**
5. The event HQ is about 3 miles from the start, allow yourself at least 25 minutes to ride there.
6. It would be appreciated if riders do not wear shoe plates in the HQ.
7. There will be a pusher off available to all competitors but please politely decline should you wish not to be pushed off.
8. Numbers should be centrally positioned below the waist so as to be clearly visible from the rear.
9. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with BritishCycling to satisfy UCI, CTT and BC anti-doping regulations.
10. Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations.

EVENT HQ:– Lower Stoke Village Hall, Mallard Way, Lower Stoke, Rochester, Kent, ME3 9ST
Open from 13.30 (1.30pm).

SIGNING ON

The signing on and collection point for your number will be at Lower Stoke Village Hall. You must sign on personally before you are able to collect your number, no other person may sign on your behalf.

Turbo warmups are permitted in afternoon events but please be respectful to the local residences and use the Village Hall Car Park for your warmup area.

HQ TO THE START - Turn right out of the village hall car park, right onto Cuckolds Green Road & Grain Road. At the junction with A228 turn left and follow the main road for 2.5 miles through the finish area to reach the start.

AT THE END OF THE RACE

Please note that Regulation 17(b) requires that a rider who fails to sign the official signing out sheet shall be recorded as DNF. Please ensure you check to see if you are required for DOPING CONTROL.

Refreshments will be available in the hall.

RESULTS

Do not approach the finish timekeeper after finishing. The results will be available as soon as possible after the event has finished and I will be holding a prize presentation for the winners of the prizes in the Village Hall at the end of the event.

Q10/24 COURSE DETAILS - Start on A.228 west of Grain village 14 metres north of the lamppost GFY26 on the Strood bound carriageway, by a minor access road to the National Grid site, where the continuous white road edge line starts. Proceed west on A228 to turn at Fenn Corner roundabout (5.07 miles). (M) Retrace on A.228 to finish directly opposite the lamppost GFY19 situated on Strood bound carriageway. (10 miles)

EVENT SECRETARY: David Mackey, 24 Forest Drive, Chatham, Kent, ME5 9PD
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